

Redeeming Sex Small Group Guide

Warm-up Question: (Choose one, make up your own, or skip this part all together, depending upon the nature of your group.)

1. Do you have any siblings? If so, are you close to any of them?
2. Did your parents talk to you about sex when you were a child? If so, was the conversation awkward?

Read the following passages: Genesis 2:18-25; Proverbs 5:18-19; 1 Corinthians 6:12-20.

Questions for Discussion (Choose several that are relevant for your group):

1. Based on these three passages, describe the Bible's perspective on sex. What is the purpose of sex? Why is it important for married couples to regularly have sex?
2. What are some perspectives on sex that are prominent in our culture? What are some ways the biblical perspective on sex differs from those in our culture?
3. How would you respond to the perspective that "Sex is no big deal?" How about the perspective that "Pornography is no big deal?"
4. What does the passage in 1 Corinthians 6 teach about the significance of the body?
5. Margaret Sanger wrote the following in her book *The Pivot of Civilization*:

"Remove the constraints and prohibitions which now hinder the release of inner energies (i.e. sexual energies), [and] most of the larger evils of society will perish."

"Through sex, mankind will attain the great spiritual illumination which will transform the world, and light up the only path to an earthly paradise."

Why do you think men and women sometimes look to find what amounts to personal salvation or the transformation of society through sexual liberation or romance? How can versions of this perspective creep into our lives? How can such a perspective have a negative impact on a marriage?

6. Read Ephesians 5:25-33. Why do you think the Scriptures regularly use the marriage relationship as a metaphor for man's relationship with God or Christ? What are some ways a marriage can embody important aspects of the Gospel message?
7. Are there any changes you need to make in your life or marriage regarding sex? What can you start doing this week?

8. Do you have any other people (other than your spouse, if you are married) with whom you can talk about sex and purity in your own life? If so, who?

Pray