

Made for Growth Small Group Guide

Warm-up Question: (Choose one, make up your own, or skip this part all together, depending upon the nature of your group.)

1. Would you rather be taller, shorter, or the height you are now?
2. Are there any foods that you like now that you did not like when you were a child?

Read the following passage: Exodus 3:1-11.

God had a big purpose for Moses's life, but Moses wasn't excited about it. In fact, Moses was overwhelmed by what God was calling him to do. There was a gap between where Moses was and where he needed to be in order to fulfill the mission God had for him. All of us have gaps in our lives—ways we need to grow in order to fulfill the purpose God has for us. God's process with Moses shows us how we can pursue growth in our own lives. We need to connect with key people. We need to learn to face failure. We need to get practice. And we need to embrace the word of God.

Questions for Discussion (Choose several that are relevant for your group):

1. Psychologist Henry Cloud says that the most important thing he has ever learned is *that* he can learn. In other words, just because we don't know how to do something now doesn't mean it has to stay that way. All of us can learn and grow. Overall, are you confident in your ability to learn and grow? What are some specific areas in your life in which you would really like to grow?
2. When God called Moses to deliver the Israelites out of Egypt, Moses's response was, "Who am I...?" How does our sense of identity affect what we do with our lives? Are there any ways in which you think your own sense of identity is holding you back from what God has for you?
3. What are some ways that other people play a crucial role in our growth?
4. Fear of failure is one the most prominent fears people in our culture experience. Why do you think the fear of failure is often so overwhelming to us? What are some ways the fear of failure negatively affects us? Do you see these operating in your own life? How can we embrace a more helpful attitude toward failure?
5. Transformation in Moses's life began with the word of God. Over and over again God spoke to Moses. Do you currently engage the Scriptures on a regular basis? Are you growing in your understanding of and confidence in the Scriptures? What are some ways the Scriptures are shaping your life?

6. In your current season of life, would you say that your faith is weakening, staying the same, or getting stronger? Explain. What can we do to grow in faith?

Pray