

Leah

Small Group Guide

Warm-up Question: (Choose one, make up your own, or skip this part all together, depending upon the nature of your group.)

1. What was your first job?
2. Do you like road trips? Explain.

Read the following passage: Genesis 29:16-35.

Questions for Discussion (Choose several that are relevant for your group):

1. Describe Leah's difficult circumstances. What are some of the most important ways that you want to feel respected, validated, accepted, or desired? Can you see any ways these desires motivate your actions in the present?
2. Can you identify moments in your life when you acted more like Laban or Jacob — dismissing the value or feelings of another person because you were fixated on what you wanted? Explain. Why do you think we are prone to act like Laban or Jacob on some occasions?
3. Leah repeatedly hoped her husband Jacob would truly embrace her and love her, but it appears that this never really happened. How should we respond when a deep desire we have seems to go unfulfilled?
4. Are there any areas of your life in which you feel like you are stuck in a no-win situation? Explain. What should we do when we feel like we're in such situations?
5. What does Leah's experience in this passage teach us about God? Do you feel like God sees you and has compassion for you?
6. What are some ways God can work through you to help those who may feel like Leah?

Pray